

OATS #1 (2025-26)

Impromptu Speaking

Students will submit two videos. Impromptu prompts will be quotations from marginalized groups.

We trust all students and coaches to adhere to Limited Prep guidelines and ethical competition choices for preparation. Please include prep time in Impromptu videos (this can make starting the video camera easier for students, and assessing time allocation possible for judging). All Impromptu judges will be reminded to allow an initial 15 seconds for competitors to read the quotations, before beginning time.

Video #1

Never stop moving, or you'll stop moving.

Liza Minelli

American actress, singer, and dancer

We talk a lot and talk pretty well about race, but we don't listen enough.

David Shipler

American author and journalist

Video #2

If they don't give you a seat at the table, bring a folding chair.

Shirley Chisholm

First Black woman to be elected to the US Congress

Try and understand what part you have to play in the world in which you live.

Ian McKellen

English actor